

Dear Parents,

We at Artizana would like to welcome you to our kitchen at Ajman Academy, and introduce ourselves to you.

Our founders are parents first, and chefs second. This means that we understand, appreciate, and very carefully implement the standards of healthy eating that we provide to our very own children on a daily basis.

This is achieved through a variety of factors, such as using fresh and high quality ingredients in our cooking, using no additives, and ensuring that our meals are balanced and contain the relevant quantities of each food group in order to make sure that your children, our children, are receiving their nutrition just as they would be at home.

Our communication channels are always open, please feel free to contact us through our email below or by reaching out directly to our manager on site, Mr. Nour Moftah (contact details below).

Finally, we would like to emphasize the importance of mentioning any food allergies that your children may have in the registration forms of Artizana.

We look forward to our journey together.

Kind Regards,

The Artizana Team



Manager: Nour Moftah Email: nm@artizana.ae

Contact Number: +971 55 302 1123

# BREAKFAST MENU

WEEK 1	MON	TUE	WED	тни	FRI
MAIN	Cheese Puff	Croissant	Home Made Muffin	Cheese Twist	Mini Pizza
SIDES	- Cucumber Sticks - Oranges	- Fruit Juice	- Carrot Sticks - Apple Cuts	- Cucumber Sticks - Apples	- Fruit Juice
WEEK 5					
MAIN	Cheese Fatayer	Croissant	Pancake	Cheese Twist	Mini Pizza
SIDES	- Watermelon - Cucumber Sticks	- Fruit Juice	- Fruit Salad - Cream Cheese	- Cucumber Sticks - Apples	- Fruit Juice
WEEK 3					
MAIN	Cheese Puff	Croissant	Home Made Muffin	Cheese Twist	Mini Pizza
SIDES	- Cucumber Stick - Oranges	- Fruit Juice	- Carrot Sticks - Apple Cuts	- Cucumber Sticks - Apples	- Fruit Juice
WEEK 4					
MAIN	Cheese Fatayer	Croissant	Pancake	Cheese Twist	Mini Pizza
SIDES	- Watermelon - Cucumber sticks	- Fruit Juice	- Fruit Salad - Cream Cheese	- Cucumber Sticks - Apples	- Fruit Juice



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	MAIN COURSE 1	Oriental Chicken	Swedish Chicke Meatball	Creamy Chicken Pesto	Chicken Nuggets
	MAIN COURSE 2	Spaghetti Veggi Sauce	Penne Pomodoro	Penne Bachamel	
	SIDE 1	French Fries	White Rice	White Rice	- White Rice - French Fries
	SIDE 2	Steamed Vegetables	Mashed potato/ Vegetables	Steamed Vegetables	Veggie Patties

Salad & Yogurt available all days

## **WEEK 2**

	MON	TUE	WED	тни
MAIN COURSE 1	Chicken Machboos	Chicken Milanese	Butter Chicken	Crispy Chicken
MAIN COURSE 2	Penne Rose Sauce	Spaghetti Veggi Sauce	Penne Bachamel	
CARBOHYDRATES	French Fries	White Rice	White Rice	- White Rice - French Fries
VEGETABLES	Mix Vegetables	Mashed potato/ Vegetables	Steamed Vegetables	Veggie Patties

Salad & Yogurt available all days

### **WEEK 3**

	MON	TUE	WED	тни
MAIN COURSE 1	Chicken Beryani	Cordon Blu	Chicken Kufta Veggi Sauce	Chicken Popcorn
MAIN COURSE 2	Spaghetti Veggi Sauce	Penne Bachamel	Spaghetti Pomodoro	
CARBOHYDRATES	French Fries	White Rice	Potato Wedges	- White Rice - French Friese
VEGETABLES	Sautéed Vegetables	Mashed potato/ Vegetables	Mediterranean Vegetables	Veggie Patties

Salad & Yogurt available all days

#### WEEK 4

MAIN COURSE 1	Chicken Bokhari	Chiclen a la Kievl	Butter Chicken	Chicken Nuggets
MAIN COURSE 2	Spaghetti Veggi Sauce	Penne Bachamel	Spaghetti Pomodoro	
CARBOHYDRATES	French Fries	White Rice	Potato Cubes	- French Fries - White Rice
VEGETABLES	Steamed Vegetables	Mashed potato/ Vegetables	Mediterranean Vegetables	Veggie Patties

## **DUR PRICES**

Prices are calculated based on AJAC working days' calender. (Term One: 73 days - Term Two: 55 days - Term Three: 55 days)

	Term 1	Term 2	Term 3	Full Year
Full Package	2,124	1,600	1,600	5,324
Lunch Only	1,664	1,254	1,254	4,172
Snack Only	1,460	1,100	1,100	3,660

<sup>\*</sup>All prices are inclusive of 5% VAT

